# SEPTEMBER 2026

# CROSS CREEK FAMILY RESOURCE CENTER

**2002 Old St. Augustine Rd. Building A Suite 50, Tallahassee FL, 32301**
**850-629-6999**

## Mondays

**OPEN**
**9:00 AM-5:00 PM**
*Closed: 9/7*

**Strengthening the Bonds *Family Workshop***
Date: 9/21
6:00 PM

BIRTHING BRILLIANCE COLLECTIVE

## Tuesdays

**OPEN**
**9:00 AM-6:00 PM**

**Financial Empowerment w/ Capital City Bank**
Date: 9/08
6:00 PM

**Pop-Up Playtime with Work it Out Wombats and WFSU**
Date: 9/22
6:00 PM

**Cross Creek Family & Community Advisory Council Meeting**
Date: 9/29
6:30 PM

## Wednesdays

**OPEN**
**9:00 AM-6:00 PM**
*Closed: 9/23*

**Coffee and Conversation**
Every Wednesday
9:30 AM-10:30 AM

**Creative Art Expressions**
Dates: 9/09 & 9/23
4:00 PM

**Boys Town Parenting Education Session (School Age Series)**
Every Wednesday
6:00 PM - 7:30PM

BOYS TOWN North Florida

## Thursdays

**OPEN**
**9:00 AM-5:00 PM**
*Closed: 9/24*

**Cross Creek Wellness Day**
Every Thursday
10:00 AM-4:00 PM

**Toddlers and Tambourines with Healing Hearts Every Monday**
11:00 AM-11:30 AM

Healing Hearts Music Therapy

## Fridays

**OPEN**
**9:00 AM-2:00 PM**

**Resource Friday!**
Stop by for family-friendly resources to help you prepare for the weekend.

## Saturday

***Your FRC serves families one Saturday a month.***

Join us in September as we engage in the community!

**Prosperity 32304**

**Prosperity 32304 Resource Fair**
Date: 9/12
10:00 AM-2:00 PM
Location: Griffin Middle School

## Motivational Message

Every new week is a fresh opportunity to grow stronger together. Small steps, shared support, and hope can lead to lasting change.

The Cross Creek FRC is a one-stop shop to access a wide variety of comprehensive services & supports to strengthen families' health & wellbeing. Stop by to learn more!

**Follow us on social media**

**The Cross Creek Family Resource Center is your neighborhood hub open throughout the week for free play space, art creation, computer lab access, family goal attainment and much more.**

# MONDAYS

- **Strengthening the Bonds Family Workshop with the Birthing Brilliance Collective (9/21):** An interactive family workshop designed to help parents and caregivers strengthen family relationships, build resilience, and create positive home environments.

BIRTHING BRILLIANCE COLLECTIVE

# FRIDAYS

**Resource Friday!**
Stop by for family-friendly resources to help you prepare for the weekend.

- Marketplace
- Success Closet
- Service Referrals
- Computer Lab

# TUESDAYS

- **Financial Empowerment with Capital City Bank (9/8):** Learn and explore ways to financial freedom. Guidance to advance economic mobility.

- **Pop-Up Playtime with Work it Out Wombats and WFSU (9/22):** Work It Out Wombats! introduces preschoolers to a way of thinking that enables them to solve problems, express themselves, and accomplish tasks. Join us for a night of Wombat fun!

- **Family & Community Advisory Council (9/29):** Monthly meeting to determine activities and services offered by your FRC. Contact us to learn more about serving!

# WEDNESDAYS

- **Coffee & Conversations:** Stop by to grab a coffee and connect with community members and leaders to discuss needs and resources.

- **Creative Expressions:** Join us on the 2nd and 4th Wednesdays for open art sessions for creative fun.

- **Boys Town Parenting Education Session (School Age Series):** A free parenting education workshop with the Boys Town of North Florida, teaching sensible parenting skills.

BOYS TOWN North Florida

# THURSDAYS

- **Cross Creek Wellness Day:** Refresh your mind and body with wellness activities, resources, and community connection throughout the day.

- **Toddlers &Tambourines with Healing Hearts:** A music therapy provider for families with young children, ages 0–5, that fosters growth and well-being through music.

Healing Hearts Music Therapy

# SERVICE SATURDAY: 9/12

***Your FRC serves families one Saturday a month.***

Join us in September as we engage in the community! Join us to access and register for resources.

**Prosperity 32304 Resource Fair**
Date: 9/12
10:00 AM-2:00 PM
Location: Griffin MS
800 Alabama Street

- Food Insecurity
- Transportation
- Housing
- Childcare
- Safety & Security
- Employment
- Legal Guidance
- Education
- Free Phones
- Healthcare

# Motivational Message

**Hope grows where love, resilience, and community come together.**

Advice:
Remember that you don't have to do everything alone. Accepting support and staying connected to your community can help your family thrive.

**Scan for more info or to follow us on social media!**