



# REBOUND & RECOVERY

## A Cognitive Behavioral Resiliency Program

REBOUND & RECOVERY helps children learn to:

**R**ecognize their emotions, thoughts, and actions  
**R**eflect on the connection between their emotions, thoughts, and actions  
**R**eframe their negative thoughts  
**R**egulate their emotions and actions

### Students Served:

 **778** Pre-K students  
 **84** Second Chance CBS/Behavioral students  
 Total Students **862**

Linking



Together

### Caregiver Support Provided:

**3600**

Parents & Caregivers Reached



**2004**

Children Engaged at Caregiver Events



### Professionals Trained:

**70**



Pre-3 & Pre-4 Classroom Teachers

**42**



Paraprofessionals

**99**



Other Leon County School staff: including Mental Health Professionals and Administrators

### Classrooms Served:

**26**

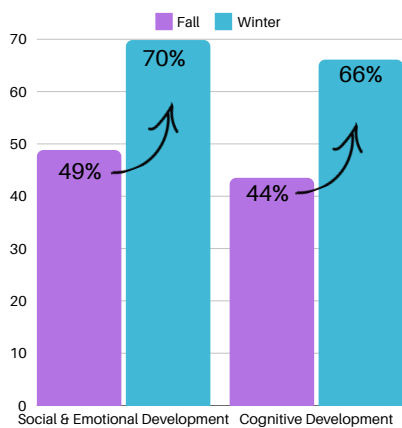
Schools where students are being served in Leon County

Pre-K Classrooms **56**

Behavioral & Second Chance **9**

## Building Capacity for Kindergarten Readiness

### Developmental Milestones



Positive change at our mid-point:  
 Moving the bar in a positive direction

### Emotions and Responses

**93%**

of students could name an emotion by the mid-point assessment.

### Teacher's Reflections on Student and Classroom Improvement

**44%**

Respondents reported improved classroom culture

**67%**

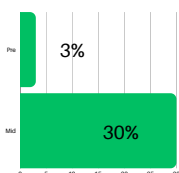
Teachers and Paraprofessionals reported they learned new strategies and skills

**80%**

Respondents reported decrease in challenging behaviors with increase in student ability to handle transitions

### Emotional Awareness

Initial assessment:  
 97% of students scored below 70 on the assessments



Midpoint check:  
 70% of students scored below 70 on the assessments

**62%**

of students needed modifications to facilitate their successful learning

**481** of 778 children in the Pre-K program are ESE

### Project Deliverables

- ✓ Train School Staff
- ✓ Serve Students
- ✓ Quarterly Reports
- ✓ Caregiver Outreach
- ✓ Weekly Coaching Session
- ✓ In Person Trainings/Make-up Training
- ✓ Individualized Classroom Implementation
- ✓ Technical Assistance for resources
- ✓ Modifications to curriculum for Second Chance
- ✓ Modifications to curriculum for Behavioral Classrooms
- ✓ Hiring of CFC Staff
- ✓ Training of Program Associates (Graduate Students)
- ✓ Hiring of Subject Matter Experts
- Final Report