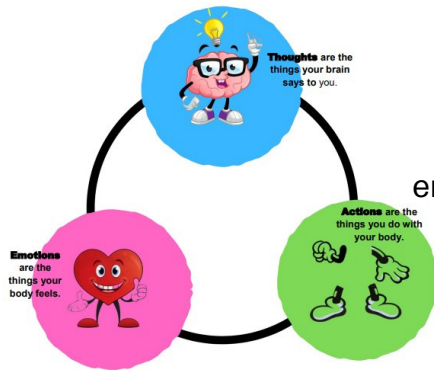


REBOUND & RECOVERY

A Cognitive Behavioral Resiliency Program

Rebound & Recovery is a cognitive behavioral intervention comprised of professional certifications and curriculums that focuses on early childhood. With Rebound & Recovery, children learn about what their emotions are, how they are connected to their thoughts and actions, and how to regulate their emotions while understanding and reframing their thoughts; and improving their ability to achieve academic success.

Rebound & Recovery is a three-prong approach where the focus is placed on building teacher skills in the classroom, supports for caregivers at home, and the child's resiliency strengthened by using cognitive behavioral skills.



Curriculum

- Online professional certification
- 10 lessons that can be adapted to classroom needs
- Caregiver supports to bridge the gap between classroom and home
- Children develop a tool kit of skills

Implementation

- Implementation fidelity
- Individualized implementation plan
- Quality Assurance

Coaching & In Class Support

- Multi-level support and coaching for educator
- Fidelity checks
- Extra in class support provide by field interns
- Progress monitoring will be completed by field interns

Evaluations & Outcomes

- Baseline assessments to guide implementation and adaptations
- Longitudinal study to evaluate impact